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CANADA'S FIRST FEMALE NATIONAL NEWS ANCHOR {page 14}



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N.S. won't roll the dice on web gambling: Dexter

Announcement marks first look at Nova Scotia's five-year gaming strategy • Plan due this fall or early in 2011

Premier Darrell Dexter says online gambling is "not consistent" with provincial efforts to "reduce the harm that is done by gaming."

That's why the province has decided against developing a government-regulated online gambling platform, he told reporters Thursday. "This is another avenue of gaming but not one that we're going to consider. (Online gambling) is not going to be part of the gaming strategy."

Finance Minister Graham Steele, responsible for the gaming portfolio, has previously suggested the province consider online gambling, saying government regulation provides mechanisms to address the social costs of gambling.

"Gambling has a social cost, but then so does alcohol," Steele told reporters in August. "Just outright banning gambling doesn't strike me in particular as the best approach."

"The thing that struck me, personally, the most was the idea that if we participated in online gambling, we would get people into gambling that we otherwise wouldn't."
FINANCE MINISTER GRAHAM STEELE

Over the course of learning about online gambling, however, Steele said his opinion changed.

But Steele added the province must eventually deal with changes to the gambling industry. "We all recognize that 15 years from now the majority of gambling is likely to be done online ... beyond our regulatory reach," he said.

ALEX BOUTILIER



▶ Canadian athletes hold their national flag in a parade during the closing ceremony for the 19th Commonwealth Games in New Delhi. The most controversial Commonwealth Games in history — marked by oppressive security and low turnout — came to a close Thursday. Canada finished fourth in the medal count, with 26 gold and 75 total medals. Story, page 32.

GURINDER OSAN/THE ASSOCIATED PRESS

Grand finale marks end of controversial Games

MacRae backs out of bail
Accused in wife's death doesn't go through with hearing {page 3}

From Halifax to Portland
Ferry service is 100 per cent a go, company says {page 4}

Home opener for Huskies
SMU bent on defending University Cup title {page 31}

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MacRae puts bail on hold

Paula Gallant's family attends hearing ◗ Family will 'persevere with the courage and determination'



JENNIFER TAPLIN
@METRONEWS.CA

Jason MacRae, charged with the first-degree murder of his wife, Paula Gallant, backed out of a bail hearing at the last minute Thursday.

Gallant's family and friends waited anxiously in the courtroom as lawyers held closed-door meetings.

Then, after over an hour of delay, defence attorney Mike Taylor told the court something came up.

"There are issues that have just recently arisen that we will not be able to be in a position to proceed with that application this morning. We're asking to adjourn without (setting a new date)," he said.

MacRae was not present in court although the sheriffs were ready to bring him up from cells.

Taylor said he filed a designation to be able to appear in court without his client.

Justice Felix Cacchione acknowledged Taylor's comments and made one of his own.

"I find it very disconcerting that I have learned more about this case in reading newspaper accounts than I have in legal documents," he said.

"This matter is to be tried in this court and not in the media. Whoever is releasing information, I would ask they would refrain from doing so in order not to jeopardize this proceeding."

After the case was adjourned, Crown attorney Denise Smith told reporters to her knowledge those comments from the Justice were not prompted by any complaints from the Crown.

MacRae can make another application for bail at any time.



For more local news, visit metronews.ca

RYAN TAPLIN/METRO HALIFAX FILE



▶ Jason MacRae, charged with the first-degree murder of his wife, Paula Gallant, is escorted from a courtroom in this file photo.

Family statement

About a dozen family members and friends of Paula Gallant, several wearing purple ribbons and dragonfly earrings, attended court on Thursday.

They didn't want to talk to the media, but a family friend, Louise Christie, read a statement. "Paula Gallant's family remains steadfast in their belief that justice will prevail for Paula," she read.

1 news

U.K. Anti-Islam group seeks ties with U.S. Tea Party movement. Scan code for story.



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Ferry service to New England by 2012: Operator

- Scotia Cruises says ferry will run from Halifax to Portland, Maine, starting a year from next April
- One-way trip would take about 20 hours



JENNIFER TAPLIN
@METRONEWS.CA

Scotia Cruises is buying a ferry to make a Halifax-New England run starting in April 2012.

Bruce McNeil, spokesman for Scotia Cruises, wouldn't disclose the price tag in an interview Thursday, but said the ship will carry 1,500 passengers and 460 vehicles.

"Right now our consultant over in Norway is in acquisition phase on our behalf on a ship called The Isle."

McNeil said he's 100 per cent sure his ferry service will happen because of their international team and investors, and because they received a green light from a lending institution to buy the ship.

Once the contract is signed, McNeil said, the ship will be taken for renovations at the Irving Shipyards.

It will leave Halifax every second day at 8 p.m. arrive in New England (most likely Portland, Maine) at 4 p.m.

22

The maximum speed, in knots, of The Isle, but it normally sails at between 17–18 knots.

"We are looking for people who want to make this trip as part of their vacation package. And I don't know anybody who's in a hurry when they're on vacation."

McNeil said he's offering the price of a ferry with the amenities of a cruise ship, but this ferry will only call Halifax home for half the year. In the winter months, it will sail out of Florida for trips to the Bahamas.

There is another company, Karlsen Shipping, trying to start up a Halifax-Boston ferry service, but McNeil said it's not a competitor.

"We're keeping each other abreast of what we're doing. Whether something would merge in the future, that hasn't been stated yet, but I'm not ruling it out."

And Friday is the deadline for operators to get in their proposals to run a Yarmouth-New England ferry.

"I wish Yarmouth the best of luck, but at this time I think myself and a number of people are wondering where they're actually going," McNeil said.

Get on the boat

Scotia Cruises' planned Halifax-New England ferry could be a popular service and a popular attraction.

- **Model passenger prices:** $138 walk-on passenger, $199 for a vehicle, plus prices will range for five standards of cabins.
- **Public support** for this project has been nothing but positive, said Bruce McNeil, and many people are eager to book passage already.
- **"We've spoken** to the majority of the tour companies ... they are more than willing to sell us over the winter," he said.

Flu prevention. Stick to it



▶ Dr. Robert Strang, the province's chief public health officer, gets his flu shot at a vaccination campaign launch Thursday in Halifax.

PHILIP CROUCHER/METRO HALIFAX

'Tis the season to get your shot

Dr. Robert Strang is encouraging all Nova Scotians to take advantage of a free flu shot. Health Minister Maureen MacDonald also received her shot at Thursday's launch at Northwood Manor.

Discovery Centre to relocate?

The Discovery Centre says a "big announcement" is coming down Friday morning.

The Discovery Centre and Nova Scotia Power are holding a press conference together at the new NSP building on Lower Water Street at 9:30 a.m. Details aren't being released, but speculation is it will have something to do with a new home for Discovery Centre, currently located at 1593 Barrington St.

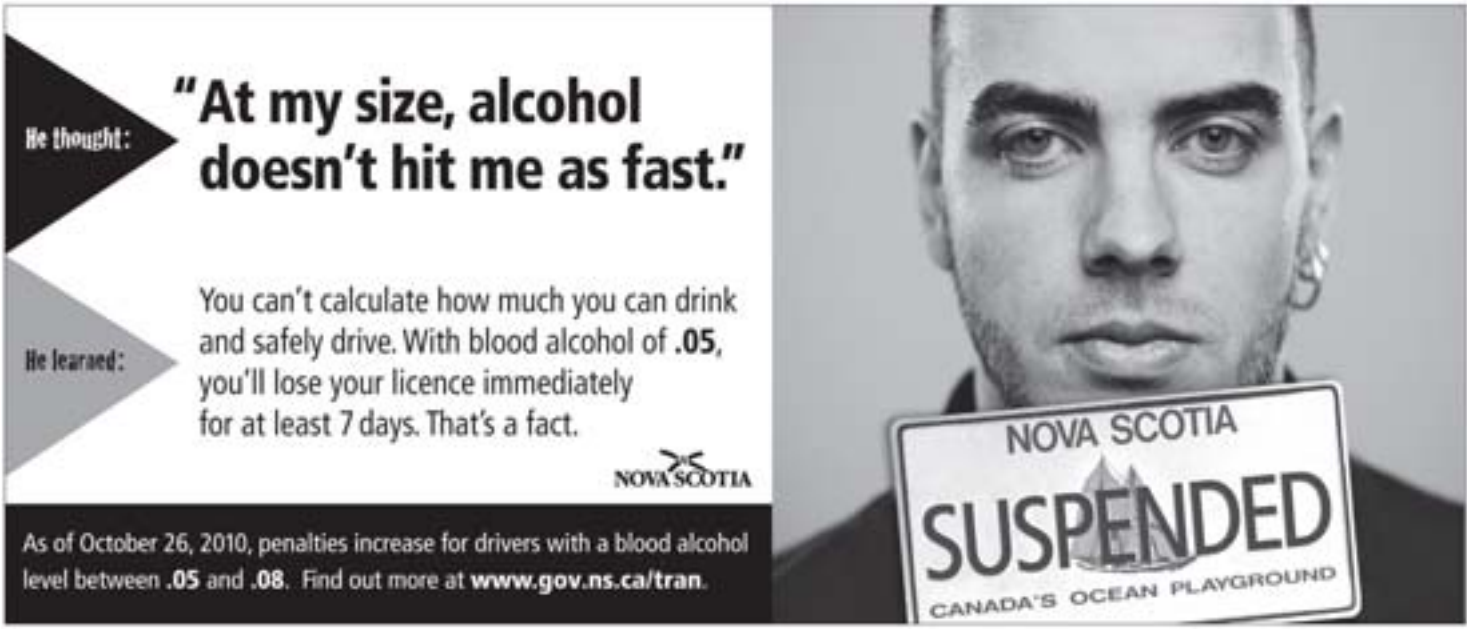
The popular centre has been in search of a new home for about a year, with allnovascotia.com reporting Thursday the centre is likely to unveil plans to join NSP at its Lower Water Street headquarters.

"It's an announcement that is going to impact both the city and the province," Jill Wagner, Discovery Centre project director, said Thursday.

She offered no other details. ● PHILIP CROUCHER

C-suite attendees

- President and CEO of Discovery Centre Dov Bercovici and NSP president and CEO Rob Bennett will both be at Friday's announcement.



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Timing key with trade centre



ALEX BOUTILIER
@METRONEWS.CA

$163.5M

Amount the Nova Scotia government intends to spend over 25 years to help build and maintain the proposed downtown convention centre.

The current trade centre is on the table during negotiations between the Halifax Regional Municipality and the province on funding a new facility.

And Premier Darrell Dexter said the sale of the current facility must be finalized by the time negotiations on the new facility conclude.

"We want the transfer of that building, just like the (proposed new) convention centre, to be a success for the people of Halifax," Dexter said.

"Its disposition has to be concluded concurrent with the conclusion of the negotiations.

"We wouldn't sign off one without having the other one ready to be signed off."

The province owns the current convention centre, located across from city hall on Argyle Street.

The municipality owns the Metro Centre, which is attached to the convention centre.

Last week, Dexter said the province is interested in some municipally owned land, suggesting a land swap may be in the works.

He refused to specify which land the province is considering.

Staff will present Halifax regional council with a report Tuesday outlining funding options for the proposed trade centre project.



Have your say online at halifaxletters@metronews.ca

Dexter avoids centre questions on Epstein

RYAN TAPLIN/METRO HALIFAX FILE



▶ NDP MLA Howard Epstein.

Province gave tentative support to trade centre project Wednesday

Premier Darrell Dexter shrugged off questions as to whether Howard Epstein will face discipline for breaking party ranks once again.

"I'm not going to discuss anything with respect to Mr. Epstein," Dexter told reporters Thursday. "Those things are internal to caucus. If caucus decides they want to discuss it with him, they will."

Epstein wrote an op-ed piece for The Chronicle Herald this week decrying the government's decision to support the proposed trade and convention centre, calling the project too costly and too large.

Two weeks earlier, Epstein, a veteran NDP MLA for Halifax Chebucto, leaked the public price tag of the trade centre project to The Coast. He apologized to his colleagues, saying the $159-million figure inadvertently slipped out during the course of a longer conversation.

"If the matter needs to be further discussed, it will be discussed at caucus."
PREMIER DARRELL DEXTER

The apology was accepted.

Dexter reaffirmed the government's commitment to the trade centre project.

"We're looking to ensure Halifax assumes its rightful position as the capital of the Atlantic Region," he said. "This decision has now been made. There are other decisions that need to be made, and we're going to move on to those."

ALEX BOUTILIER



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Landry meeting with counterparts in B.C.

Justice Minister Ross Landry has been in Vancouver this week for meetings with his provincial and territorial counterparts, federal Justice Minister Rob Nicholson and Public Safety Minister Vic Toews.

Nova Scotia, Manitoba and Alberta are calling for the federal government to address concerns with the proposed changes to the Youth Criminal Justice Act.

Landry also plans to offer Nova Scotia's support for developing an enhanced consultation system when making changes to criminal law.

NEW GLASGOW NEWS

RYAN TAPLIN/METRO HALIFAX



▶ Justice Minister Ross Landry

NSP gives OK to biomass project

Conservationists warned there might not be enough resource to supply plant for life of project

Nova Scotia's main energy regulator has approved a $208-million biomass project amid concerns the large-scale waste wood plant will endanger stressed forestry resources and jack up electricity costs.

The utility and review board said Thursday the project can proceed, but it attached several conditions in an effort to protect customers from bearing the brunt of any cost overruns or an outright failure of the plant.

The board ruled that any projected price increases or costs associated with the failure of the plant have to be borne by shareholders and can't be passed on to consumers.

Nova Scotia Power said that the program should move the province closer to its goal of having 25 per cent of its energy supplied by renewable resources by 2015.

THE CANADIAN PRESS

'Sufficient supply'

- **Nova Scotia Power** and Newpage Port Hawkesbury Corp. asked the board to approve a plan to burn 650,000 metric tonnes of wood a year to fire a steam generator at a Cape Breton paper mill.
- **The board said** in its 50-page decision that it was persuaded by the applicants that there is a sufficient supply of wood in the province.

Opposition

- **Environmentalists say** the plan will put a big demand on overtaxed forests and could lead to the depletion of endangered woodlands.
- "This project is not the right thing for Nova Scotia because of its scale and its inefficient use of a limited forest resource," said Jamie Simpson, of the Ecology Action Centre in Halifax.



Men broke into Cole Harbour home: Cops

Police say two men forced their way into a home in Cole Harbour Thursday morning.

Halifax RCMP say at about 8 a.m., they received a call from a woman about two men forcing their way into her house on Taranaki Drive.

The woman also told police she thought the men were in possession of what looked to be a handgun.

The men fled on foot, according to police spokesman Cpl. Scott MacRae, and there were no injuries and nothing was taken from the home.

"We believe it wasn't random, but they're still out there investigating," MacRae said Thursday.

PHILIP CROUCHER

Police seek men who offered girl a ride

Halifax Regional Police are looking for two men in a car who allegedly offered a ride to a 14-year-old girl Thursday morning.

Police say the girl was walking in the area of Norwood and Beech streets in Halifax at 8:30 a.m. when a small blue car pulled up beside her.

When the passenger asked the girl if she wanted a drive to school, she ran home and police were called.

Both men in the vehicle are described as white men, between 18 and 22 years old.

The passenger is described as bald and wearing a dark hoodie sweatshirt.

THE CANADIAN PRESS

LARRY UTECK INTERCHANGE

Highway expected to open

For those motorists itching to get onto the brand new Larry Uteck Interchange on Highway 102, the wait should be over this weekend.

Bill Estabrooks, minister of Transportation and Infrastructure Renewal, MP Gerald Keddy, and Mayor Peter Kelly will cut a ribbon on the interchange at 10 a.m. on Friday.

It is expected to be open to traffic this weekend.

The funding for the $24-million project was split between all three levels of government.

Most of the work was done several weeks ago, but the province says it was finishing off some formalities to take ownership and accept it from the contractor.

METRO HALIFAX

Ad earns station a reprimand

The Canadian Broadcast Standards Council says a Yarmouth radio station breached the organization's code of ethics when it broadcast a Tory ad during last year's provincial election. The ad accused the NDP of accepting $45,000 in illegal campaign contributions from unions.

THE CANADIAN PRESS

Film wins festival honour

A Halifax film, Afghan, landed the Audience Choice Award at the Atlanta Philosophy Film Festival this week. The short film was shot on Fuller Terrace in the city's North End. It focuses on two roommates and their response as victims of racial violence.

METRO HALIFAX

Games' legacy will be lasting one: Organizers

RYAN TAPLIN/METRO HALIFAX



▶ Premier Darrell Dexter is pictured at a press conference at the Nova Scotia Sport Hall of Fame on Thursday.

Host committee touts estimated spinoff benefits from Winter Games



ALEX BOUTILIER
@METRONEWS.CA

Sports equipment, venue upgrades and a legion of trained volunteers are among the legacy of the 2011 Canada Winter Games in Halifax, according to organizers.

At a press conference to announce the legacy plan, the Games' legacy committee chair Chuck Bridges said it's not just a question of what will be brought to the event, but what will remain after the event is over.

"We focused on the economic, financial and infrastructure benefits," Bridges told the crowd, which included Premier Darrell Dexter and Nova Scotia MP Scott Armstrong.

When?

▶ The 2011 Canada Winter Games run Feb. 11 to 27.

Bridges noted upgrades and enhancements to 13 venues in Halifax, including Citadel High, Cole Harbour Place and the Dartmouth Sportsplex. He also noted new facilities, such as the long-track speedskating oval on the North Common and the Canada Games Centre.

A legacy fund will be established to distribute $100,000 a year to support sports in the province.

In addition, approximately $1.1 million in sports equipment purchased for the Games will be gifted to organizations across the province.

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At Nova Scotia Power, our greatest source of energy has always been our people. Debra McLellan is the Project Manager at Nuttby Mountain.

nspower.ca/safety

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Don't go online for pharmacy needs: RCMP

Online pharmaceuticals can be trouble, warn the RCMP. The RCMP put out a warning yesterday about several illegal and unregulated websites which sell counterfeit prescription drugs.

The RCMP recommend not ordering prescription drugs from a website that can't provide a legitimate address, offers drugs without a prescription, claims to have a miracle cure, or sells drugs that don't have a Drug Identification Number (DIN) issued by Health Canada.

Anyone wanting to report a website like this is asked to contact Cpl. Angela Hawryluk with the Nova Scotia RCMP Federal Enforcement Section at (902) 869-2313 or Crime Stoppers at 1-800-222-TIPS.

THE CANADIAN PRESS

News in brief

Cops launch new search in cold case

HELLS ANGELS. Nova Scotia RCMP have launched a search of a property near Truro in connection with the 11-year-old disappearance of a former member of the Hells Angels.

Randy Mersereau was 48 years old when he disappeared on the Halloween weekend of 1999.

He was alleged to have been involved in a drug war with the biker gang at the time.

RCMP Sgt. Brigdit Leger says police took over a private home and property Thursday on Onslow Mountain after receiving information related to the missing man's case.

THE CANADIAN PRESS

Art experience goes on the move

Nocturne: Art at Night will light up HRM on Saturday Organizers promising 102 different experiences throughout Halifax



JENNIFER TAPLIN
@METRONEWS.CA

Art doesn't need sunlight or stationary venues for Nocturne: Art at Night.

The third annual art experience starts Saturday at 6 p.m. and winds down at midnight. There will be five roaming art projects, said Alyson Queen, co-chair of Nocturne.

"They'll be roaming throughout the city and you never know where they'll pop up," she said.

And new this year: performances on the ferry.

Queen said they wanted to increase their presence in Dartmouth this year so there will be hourly performances on the ferry as people head to the Dartmouth venues.

RYAN TAPLIN/METRO HALIFAX



▶ The Nocturne: Art at Night festival takes place on Saturday night. New this year, organizers are hosting hourly performances on the ferry as people head across the harbour to the Dartmouth venues.

This year organizers are carving the HRM into five zones and offering free walking and bicycle tours.

There are 46 galleries and venues for people to check out special presentations and 48 special projects. Nocturne is based on Nuit Blanche events in Paris, Montreal and Toronto.

"Nocturne is an evening once a year where Halifax is transformed by art, whether it's the galleries with their doors open until midnight, or projections and special projects in public spaces," Queen said.

"For the first time ever, the Public Gardens will be open for an event like this in the evening and a collection of artists will be there."
ALYSON QUEEN, CO-CHAIR OF NOCTURNE

"It really is a magical evening where people can explore their city in a different way."

Last year, 9,000 people took in Nocturne and this year Queen said she's hoping for more.



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ROBERTO CANDIA/THE ASSOCIATED PRESS



▶ Elizabeth Segovia, sister of rescued miner Dario Segovia, collects a religious figure Thursday as she dismantles a site set up to honour the trapped 33 miners at the San Jose mine near Copiapo, Chile.

Home, sweet home

Joyful families get set to embrace Chile's miners
World offers jobs and honours after amazing rescue

Chile's 33 rescued miners were itching to reunite with families and sleep in their own beds Thursday.

But after spending the night in hospital they had to wait — examinations by doctors came first.

Meanwhile, on the day after the 23-hour rescue that kept the world spellbound, relatives were organizing welcome-home parties — and trying to organize an avalanche of celebrity functions and job offers. Among them:

▶ Spain's Real Madrid football team invited the 33 to attend a game.

▶ A Greek mining company offered to fly each one, with a companion, for a week's vacation in the Mediterranean.

▶ Chile's football federation said it would offer a job with its youth teams to Franklin Lobos, a former national team player who drove a taxi to make ends meet before he was caught in the Aug. 5 mine collapse.

▶ Soccer teams in Manchester and Buenos Aires want the miners in their stadiums.

▶ Bolivia's president wants them at his palace.

▶ TV host Don Francisco wants them all on his popular Sabado Gigante show in Miami.

▶ Hearing that miner Edison Pena jogged regularly in the tunnels below the collapsed rock, the New York City marathon invited him to participate in next month's race.

Doctors said three of the men could be discharged from hospital as early as Thursday evening, with others following Friday and over the weekend. Then they'll have to "find their equilibrium and take care of themselves," said hospital chaplain Rev. Luis Lopez.

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MARTINPINKER

Morning glory

Today's Metro photo of the day is by Canadian Martinpinker and was submitted in the Favourite Spot category. The photo is titled: Port Credit Morning. Enter your photos today and view more pictures at metrophotochallenge.ca.

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Shares. Web



▶ A sign for Yahoo! in New York.

MARK LENNIHAN/THE ASSOCIATED PRESS

Yahoo shares climb

Investors were running up the price of Yahoo shares yesterday, after a report saying AOL and a group of private equity firms may bid for the web company.

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
– 53.62 (12,619.69)	– 0.12¢ (99.40¢ US)	– 32¢ US ($82.69 US)	$3.657 (– 3.9¢)
			Gold contracts $1,377.60 (+ $7.10)

HISTORY'S GREATEST FRAUD?

Other people's money

DAVID DESCÔTEAUX



Imagine the scene. Unemployed for months, you must now hand over your house keys to the bank.

Not one, but three different bank representatives knock on your door. Each of them has in hand a deed for your house. After verification, the three documents are … fake! And no one knows who owns your house. We thought we'd seen it all from Wall Street bankers. But foreclosure-gate might just set a new record for financial fraud — and plunge us all into a brand new crisis.

From 2004 to 2007, the big U.S. banks granted millions of dollars of mortgages. Even a cleaning lady earning $10 an hour could get a $500,000 shanty on credit. The banks were raking it in by regrouping mortgages and reselling them as financial products to investors such as pension plans. Now, when you're trading thousands of mortgages a day, it becomes costly and time-consuming to visit the notary for each one. The banks therefore created their own computer system (called MERS) to register the sales and purchases.

Today, millions of Americans are losing their jobs and must hand over their house keys to banks. There's just one problem: The MERS registrations contain few details and are worthless in the eyes of several judges who authorize foreclosures. To reclaim the houses, banks must present notarized deeds. Unable to find the original documents — destroyed or lost — several banks seem to have decided to fabricate false documents. And had them authorized by lawyers without scruples (one of whom admitted to authorizing 10,000 in a single month). The result: A total mess from coast to coast. Several banks find themselves trying to repossess the same house, and homeowners are being evicted when they shouldn't be.

"Several banks seem to have decided to fabricate false documents."

It gets worse. According to a growing number of analysts, if the banks created the MERS system, it wasn't to save a few cents. It was to resell on the sly — to investors like your pension plan — tons of fraudulent mortgages. Without sufficient documentation, the buyers of these products could not accurately verify their quality. We're talking about a major, countrywide fraud.

If the facts — which are still piling up daily — confirm this theory, the big banks will face a mountain of lawsuits. They will also lose their rights to thousands of homes. American financial expert Janet Tavakoli talks about a possible $700-billion bill. In other words: Bankruptcy for several big banks.

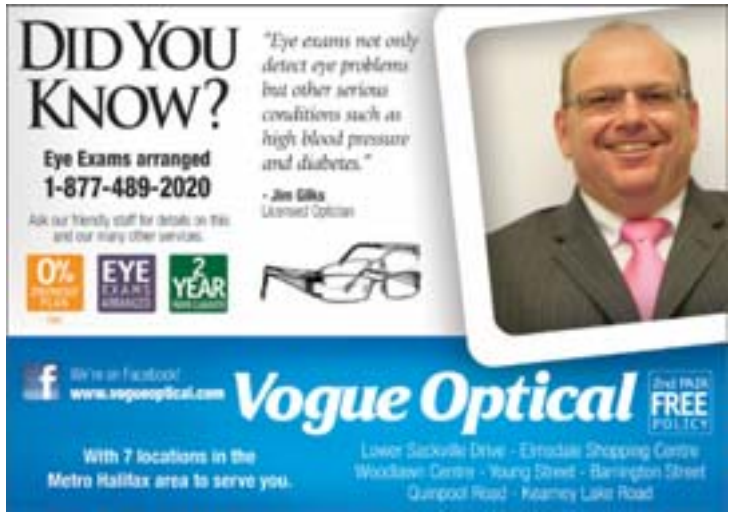
American taxpayers will never agree to bail out bankers yet again. Especially not in this context.

Such incompetence, if coupled with criminal intent, deserves only one thing: That those banks be allowed to fail — in an orderly fashion — for once and for all. Which is what should have happened two years ago.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute (iedm.org).







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▶ Dawna Friesen

5 MINUTES WITH: DAWNA FRIESEN

She's the new face of Global National and broadcaster Dawna Friesen is making history in the process. Friesen, a former foreign correspondent with NBC, became Global National's news anchor and executive editor last month — making her Canada's first full-time female news anchor. Friesen is taking her newscast on the road and Metro caught up with her in Halifax.

There's been a lot of fanfare leading to you taking on this position — your face on billboards. How do you feel about this attention?
My mother called me on the weekend and said, "You're not going to be able to hide anywhere now. Everybody has seen your face" — as if I was on the verge of committing some criminal act and now I can't (laughing). But no, it's a bit daunting, all of that, and that's not my favourite part of the job — put it that way. It kind of goes with the territory, but I've seen enough of myself now. And my head really isn't that big.

What about being the first female national news anchor in Canada?
I haven't played that really big. That to me is kind of neither here nor there, which I know maybe isn't the answer people want to hear.

Do you think expectations are the same if you were a man?
I think there's probably more scrutiny about the way I look than there is about Peter (Mansbridge) or Lloyd (Robertson).

How does that make you feel?
It's annoying. I wish it didn't happen. It has nothing to do with the way I do my work, or conduct myself, or how good I am at what I do. It bugs me.

When you have a couple hours to yourself, how do you unwind?
Read. I'd like to read more than I do now ... I'd (also) like to get back into cross-country skiing. Just more outdoor stuff.

When you and your partner Tom Kennedy (of CTV News) sit down for dinner, is the news discussed all the time?
No way (laughing). It's the last thing. And we hardly watch TV, either.

PHILIP CROUCHER

Cartoon

MICHAEL DE ADDER



Protect children: Groups

Worth mentioning

Austria should stop detaining children and halt the deportations of well-integrated foreign families that are denied asylum, Amnesty International and three other groups urged Thursday.

The country also should better protect the rights of non-Austrian minors and become more lenient about allowing young asylum seekers and their parents to stay on humanitarian grounds, the organizations wrote in a letter to lawmakers.

The appeal comes just days after two eight-year-old twins were taken into custody with their father in an early morning raid and deported back to their native Kosovo. Their mother, who is in psychiatric care, stayed behind. The four had lived in Austria since 2004 but were expelled after being denied asylum and refusing to leave on their own.

The family's plight has sparked widespread debate and protest, with critics calling the deportations heartless and inhumane. Interior Minister Maria Fekter defended it, saying she was following the rule of law and the children were with their father. She has since softened her stance slightly, acknowledging Wednesday that pictures of the detention "greatly moved her."

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Rule of the law



What's a subject you wish you knew more about?

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Metro Minute with Bret (Hit Man) Hart

He's the best there is, the best there was and the best there ever will be — and he's coming to Halifax.

WWE Hall of Famer Bret (Hit Man) Hart is taking part in the 10th anniversary of Mainstream Wrestling Entertainment as it puts on a show at Exhibition Park Saturday.

The event features an expo at 2 p.m., followed by matches and a special Bret Hart ceremony at 7:30 p.m. There are seven matches on the card, including a main event steel cage match for the MWE title.

Tickets range in price from $20.75 to $49.50 and are available through ticketatlantic.com.

METRO HALIFAX

Three days to play

WILL YOU BE GETTING A FLU SHOT THIS YEAR?



Lynn Sanderson
HALIFAX
I sure am. I work in a health-care field ... the flu's that are going around can be pretty serious. I highly recommend it.



Dan Abarbanel
SPRYFIELD
I wouldn't go out and get it, but if it's made available to me — like at school or something — I would get it.



▶ Getting to act alongside her friend Marc Jordan, left, helped convince Olivia Newton-John to take the role in Score: A Hockey Musical.

A legend returns to musicals after 30 years

RICHARD CROUSE
SCENE@METRONEWS.CA

Although she sang with John Travolta in Grease, danced with Gene Kelly in Xanadu and recently featured her hit Let's Get Physical on Glee, Olivia Newton-John hasn't appeared in a full-on musical on the big screen for 30 years. That will change this weekend when she will be seen playing an overprotective hockey mom in Score: A Hockey Musical.

Director Michael McGowan wanted John, but didn't think he'd be able to get the Australian superstar, who now makes her home in Florida, to come north to shoot the film.

"She's funny and she doesn't take herself seriously," he said, "but for her to say, 'This is the film, a hockey musical shot in Toronto, in February, seemed virtually impossible."

When asked why chose to do this film she laughed and said, "Because it was fun. Marc Jordan (who plays her husband in the film) is my friend and he is married to Amy Sky, one of my best friends who also produces my music, so why not?"

Shooting in Toronto in frigid February temperatures, she says, was "an experience," but the working with the cast and crew made it worthwhile. "My memory of the movie was having fun," she adds.

Working with her friend Jordan, who is best known as a solo singer-songwriter (he wrote the hit Rhythm of My Heart for Rod Stewart), caused to her to occasionally get the giggles so badly she could barely contain herself.

"I was really embarrassed in the end because you can break up a couple of times but you have to know when to stop, but Marc was just so hysterical."

Ditto her director. "He is marvelous," she says. "He has such a quirky sense of humour which fits in with mine really well. On the set he was very relaxed; he's worked with everyone before so it was a real family atmosphere. There was no stress, there was no, 'Oh he's yelling at you.'"

She saves her highest praise, however, for her young co-stars, Noah Reid and Allie MacDonald who play her son and his best friend. When asked if she passed along any tips to the neophytes she said,

"They are both really gifted. I probably should have asked them for hints rather than the other way around."

"It's a lot of good fun, but the peace message is good I think. I'm not one for violence and was brought up in the same kind of family as (the character of home-schooled-pacifist-hockey-prodigy-Farley Gordon). Maybe not quite as stringent but my father was a professor and parents were academic and peace was a big thing for my mother. It wasn't important to win, it was important to play fair, so (Score: A Hockey Musical) kind of rung true for me."

OLIVIA NEWTON-JOHN

2 scene

Scene in brief



A judge has refused to dismiss a plagiarism lawsuit against Harry Potter author J.K. Rowling

But Justice David Kitchin has ruled that while the claim by the estate of the late fantasy author Adrian Jacobs had a chance of success, he described it as being "improbable."

Jacobs' estate claims that Harry Potter and the Goblet of Fire copied substantial parts of Jacobs' 1987 book,

THE ASSOCIATED PRESS

Half-brother of Dane Cook gets 5 to 6 years after pleading guilty to stealing from comedian



6 Best Eastwood flicks

We've let Clint Eastwood take over this week because ... well, because he's Clint Eastwood. What are you gonna do, say no to the man?

Actually, Eastwood was kind enough to take a few moments to select his five favourite movies from the dozens he's directed; his latest, Hereafter, opens this weekend.

But because we're feeling so charitable, we let him pick six, listed below alphabetically along with his comments and insights.

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BIRD
1988

- Eastwood's biopic on jazz legend Charlie Parker: "It was a nice story about someone whose musicianship I admired so greatly. It was a good script on the analysis of the self-destructiveness of personality: people who insist on sinking into the abyss. Success, being idolized by other musicians — none of it was enough."



LETTERS FROM IWO JIMA
2006

- One of two Second World War films Eastwood released in 2006: "I was proud of Letters from Iwo Jima. I got the idea of doing it while doing Flags of Our Fathers, which is about the American invasion of the island. But the film pointed out what it must have been like to have been one of the defenders of the island."



MILLION DOLLAR BABY
2004

- Starring Hilary Swank as a boxer and Eastwood as her reluctant trainer: "It appealed to me because it was a story regarding family — a search for the daughter he never had a relationship with, and the search for the father that was no longer there for her.



MYSTIC RIVER
2003

- About childhood friends reunited by tragedy in an insular part of Boston: "I liked the book and the screenplay by Brian Helgeland. The way sometimes fate deals a bad hand, and it just keeps getting worse and worse, and there is nothing anyone can do. No amount of sane advice can stop the train."



THE OUTLAW JOSEY WALES
1976

- Starring Eastwood as a farmer out for revenge after the Civil War: "It came out in the '70s when the country was restless about Vietnam. It addressed the divisiveness of war, and how it can tear at heart and soul. But it also dealt with the rejuvenation of a cynic, re-instilling his life with purpose, and with a surrogate family."



UNFORGIVEN
1992

- Eastwood as a retired gunslinger taking on one last job: "I loved the Unforgiven script. You had to get a ways into it before you knew who was the protagonist and who was the antagonist. Little Bill (played by Gene Hackman) just wanted a peaceful life. He believed he was doing the right thing. ... It was a very intelligent script."



NORTON'S IMPRESSIVE CRIMINAL RESUMÉ

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA



Edward Norton has made a career of playing jailbirds on screen. His edgy intensity lights up movies like this weekend's Stone, despite one writer calling him "the passport definition of no distinguishing marks." The Yale graduate's slight, gawky frame is not exactly what you have in mind when you think criminal and yet his portrayals of people on life's fringe's have earned him Oscar nominations and come to define his career.

In his first big screen part Norton played the dual role of altar boy Aaron and his alter ego, the psychotic Roy in the film Primal Fear. Accused of murder, he is zealously defended by a defense attorney (Richard Gere) who is drawn to the sweet Southern boy until he realizes that Aaron is totally insane. A complete unknown when he auditioned for the role, he tricked the film's director into thinking he shared an eastern Kentucky background with Aaron by speaking with a twang — which he picked by watching Coal Miner's Daughter.



▶ Edward Norton plays an arsonist looking to get out on parole in Stone which opens on Friday.

"The most I had to offer was anonymity," he later said. "The potency of the revelation about who my character really was in that film was in part reliant on the fact that people had absolutely no prior knowledge of me."

Next time behind bars he pulled a De Niro, and in American History X physically transformed to play the role of a white supremacist sent away for murder. In jail he learns the error of his ways and works to help his brother from going down the same, wrong-headed path. "I knew this guy was going to have to be really physically fearsome," he says, "and that's not something anyone would peg me for. [He's] defined by rage and this body he's created is the physical manifestation of that."

In this weekend's Stone he stars as an arsonist who will do anything, including using his wife as bait, to earn parole. Despite having played convicts in the past, Norton was keen to bring an extra layer of realism to this role so he met with actual prisoners to learn how they spoke.

"Their language is fantastic. At one point, one of these guys was telling me about a fight and how he had to just let it happen and not fight. (He said,) 'When you're short time, you have to be a vegetarian.' I said, 'What?' He said, 'Vegetarian, you can't have beef with nobody.'"





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Red's great cast brings plenty of fun

Red
Genre: Action/Comedy
Director: Robert Schwentke
Stars: Bruce Willis, Morgan Freeman, John Malkovich, Helen Mirren, Morgan Freeman
●●●●

There's a moment in the first half of Red, Bruce Willis' delightful new shoot-em-up, when the chaos on screen reaches a fevered, frenzied high point as retired CIA agents Frank (Willis) and loose cannon Marvin (John Malkovich) dance their way through a fire fight in a Louisiana shipyard, ending with a ludicrous showdown involving a rocket launcher. It's 100 per cent pure fun. Unfortunately, the movie can't keep up the frenetic pace after that and soon has to stop and catch its breath, as if the film itself were one of the retirees it features.



Whatever points Red loses for slowing its pace, it more than makes up for the with the introduction of perhaps its biggest selling point: Dame Helen Mirren with an assault rifle. As a former British agent now taken to gardening, Mirren is obviously enjoying herself here, as is the rest of the cast. And despite the fact that Willis and Mary-Louise Parker are the focus, Mirren's relationship with an ex-KGB agent (Brian Cox) is the real heart of the movie.

The only problem with Red, really, is that Willis, at 55, just doesn't look like an old man, which is probably exactly what the actor wants you to think.

NED EHRBAR



Jackass 3D
Genre: Comedy
Director: Jeff Tremaine
Stars: Johnny Knoxville, Bam Margera, Steve-O
●●½

Three-D would seem tailor-made for the guys from Jackass.

When the technology is used for its funniest and most entertaining purposes, as it was recently in Piranha 3-D," it's all about the wild, gratuitous gimmicks. I don't need to be immersed in Pandora; I want stuff flung at me from the screen.

Johnny Knoxville and Co., who are constantly outdoing themselves with crazy and creative pranks and stunts, would seem to be just the right guys to do that sort of thing. But very little occurs in their latest movie, Jackass 3D, that wouldn't have sufficed in 2-D. THE ASSOCIATED PRESS

When is gore a

It was like a scene from a Wes Craven movie Wednesday outside the Montreal courthouse.

There were about 20 demonstrators, dressed as ghouls and zombies, around the building to protest criminal charges being laid against a maker of gory films.

Remy Couture requested a jury trial and pleaded not guilty to charges of moral corruption and distributing obscene material, laid under Section 163 of the Criminal Code.

Police say they arrested Couture after international complaints about the extremely gruesome and realistic-looking violence on his website. That site, innerdepravity.com, is temporarily shut down.

But Couture calls the case a disgrace.

"I believe it's a waste of time. A waste of time for me, and for society," he said Wednesday.

"It's a waste of money, too. Because I'm not a criminal. I have no record.



▶ Special effects filmmaker Remy Couture, centre, demonstrates outside the Montreal courthouse with supporters dressed as zombies, in Montreal.

I'm a special-effects artist.

"I find this a bit of an embarrassment for Quebec, that this time wouldn't be spent on real cases. But they're going ahead."

He said his only crime is using fake blood, latex and silicone to help tell disturbing stories.

He has in the past scoffed at attempts to draw a link between gory films and real-life violence; he has noted that millions of people watch those movies

Worth watching ●●● | Yawn ●● | Don't bother ●



Never Let Me Go
Genre: Drama
Director: Mark Romanek
Stars: Carey Mulligan, Keira Knightley
●●●½
Based on an acclaimed novel by Kazuo Ishiguro, Never Let Me Go at first seems like a romantic period piece. However, audiences are shocked when it's revealed the trio was actually raised in a mysterious boarding school for organ donors. Never Let Me Go wraps a tale of love around the moody, ominous moral horror. It's all about atmosphere and Mark Romanek (One Hour Photo) manages to capture a stunning looker while Carey Mulligan and Keira Knightley deliver the goods ... so to speak.
STEVE GOW



Force of Nature: The David Suzuki Movie
Genre: Documentary
Director: Sturla Gunnarsson
Star: David Suzuki
●●●●
If you grew up watching David Suzuki on The Nature of Things, Canada's environmental icon may seem like an otherworldly grandfather. Director Sturla Gunnarsson's Force of Nature amounts to half-lecture/half-biography and all simply fascinating. Whether it's Suzuki's reminiscence of internment during the Second World War or his affinity for the Haida culture.
STEVE GOW

It's Kind Of A Funny Story
Genre: Dark Comedy
Directors: Anna Boden, Ryan Fleck
Stars: Zach Galifianakis, Keir Gilchrist, Emma Roberts
●●●
It's Kind Of A Funny Story should be a dark comedy combining the voices of cult comic Zach Galifianakis and the directors of Half Nelson. To an extent it is, albeit on the sidelines. Galifianakis creates a touching and hilarious portrait of a lifelong depressive, but unfortunately the film focuses on a suicidal teen learning how crazy the world is during a week-long stay in a psyche ward.
PHIL BROWN

Stone
Genre: Drama
Director: John Curran
Stars: Robert De Niro, Edward Norton, Mila Jovovich
●●●
Stone is a muddled, but intriguing prison drama about a burned out corrections officer, a manipulative con with a conscience, and his femme fatale-esque wife desperate to get a release. This movie should have been a smart dirty thriller, but is teased out into an almost theological think piece by director John Curran. The approach works wonders for the cast.
PHIL BROWN

crime?

GRAHAM HUGHES/THE CANADIAN PRESS



without becoming killers, while a simple Beatles song (Helter Skelter) was cited as an inspiration for the Manson family murders.

Couture's case has drawn thousands of supporters to an online petition and to his own personal website.

Some of those people came out to express their support in person Wednesday.

THE CANADIAN PRESS







THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT 15 TO THURS., OCT 21. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

HALIFAX

BAYERS LAKE
190 Chain Lake Dr., Bayers Lake
902-876-4800

Alpha and Omega (STC) Stadium Seating Fri-Thu 1:10-3:30-6:35
Buried (14) Stadium Seating Fri-Sun 1:35-3:55-7:15-9:35 Stadium Seating Mon 1:35-3:55 Stadium Seating Tue 1:35-3:55-7:15-9:35 Stadium Seating Wed 1:35-3:55-9:35 Stadium Seating Thu 1:35-3:55-7:15-9:35
Case 39 (18) Stadium Seating Fri-Thu 9:10
Catfish (PG) Stadium Seating Fri-Thu 1:40-4:20-7:30
Easy A (STC) Fri-Thu 1:15-3:35-6:40-9:05
It's Kind of a Funny Story (STC) Stadium Seating Fri-Thu 1:30-4:10-7:05-9:30
Jackass 3D (14) No Passes, Stadium Seating Fri-Sun 1:30-2-4:15-4:45-7:15-7:40-9:35-10:05 No Passes, Stadium Seating Mon 1:30-2-4:15-4:45-7:15-7:40-9:35-10 No Passes, Stadium Seating Tue 1:30-2-4:15-4:45-7:15-7:40-9:35-10:05 No Passes, Stadium Seating Wed-Thu 1:30-2-4:15-4:45-7:15-7:40-9:35-10
Legend of the Guardians: The Owls of Ga'Hoole (STC) Fri-Thu 1:3:40-6:45-9:15
Let Me In (18) Stadium Seating Fri-Thu 9:40
Life as We Know It (PG) Stadium Seating, No Passes Fri-Sun 1:15-4-6:45-9:35 Stadium Seating Mon-Tue 1:15-4-6:45-9:35 Stadium Seating Wed 11-4-6:45-9:35 Stadium Seating Thu 1:15-4-6:45-9:35
My Soul to Take 3D (STC) Stadium Seating Fri-Sun 1:50-4:30-7:20-10 Stadium Seating Mon 1:50-4:30-7:20-9:55 Stadium Seating Tue 1:50-4:30-7:20-10 Stadium Seating Wed-Thu 1:50-4:30-7:20-9:55
Red (PG) Stadium Seating Fri-Thu 1:25-4:10-7-9:45
Secretariat (G) Stadium Seating, No Passes Fri-Sun 1:25-4:10-7:05-9:50 Stadium Seating Mon-Thu 1:25-4:10-7:05-9:50
The Social Network (PG) Stadium Seating Fri-Thu 1:05-3:50-6:40-9:25
The Town (STC) Stadium Seating Fri-Thu 1:10-4:05-6:55-9:45
Wall Street: Money Never Sleeps (STC) Stadium Seating Fri-Thu 1-3:50-7-9:55
You Again (STC) Fri-Thu 1:20-4-6:50-9:25

IMAX
190 Chain Lake Dr., Bayers Lake
902-876-4800

Legend of the Guardians: The Owls of Ga'Hoole (STC) Stadium Seating Fri 3:45-6:30-9 Stadium Seating Sat-Sun 1:40-4:05-6:30-9 Stadium Seating Mon-Thu 3:45-6:30-9

OXFORD THEATRE
6408 Quinpool Rd.
902-423-7488

Never Let Me Go (14) Fri 6:45-9:20 Sat-Sun 4-6:45-9:20 Mon-Thu 6:45-9:20

PARK LANE
5657 Spring Garden Rd.
902-423-4860

Force of Nature: The David Suzuki Movie (STC) Stadium Seating Fri-Sat 1-3:10-6:40-8:50-11:20 Stadium Seating Sun 1-3:10-6:40-8:50 Stadium Seating Mon-Thu 3:55-6:40-8:50
Jackass 3 (14) Stadium Seating, No Passes Fri-Sat 1:30-3:50-7:10-9:40-11:55 Stadium Seating, No Passes Sun 1:30-3:50-7:10-9:40 Stadium Seating, No Passes Mon-Thu 3:50-7:10-9:40
Life as We Know It (PG) Stadium Seating, No Passes Fri-Sun 1:40-4:15-7-9:50 Stadium Seating Mon-Tue 4:05-7-9:50 Stadium Seating Wed 4:05-9:50 Stadium Seating Thu 4:05-7-9:50
Red (PG) Stadium Seating Fri-Sat 1:10-3:40-6:50-9:30-11:50 Stadium Seating Sun 1:10-3:40-6:50-9:30 Stadium Seating Mon-Thu 3:40-6:50-9:30
Return to El Salvador (PG) Stadium Seating Fri-Sun 2-4-7:20-9 Stadium Seating Mon-Thu 4-7:20-9
Secretariat (G) No Passes, Stadium Seating Fri-Sun 12:45-3:20-6:45-9:20 Stadium Seating Mon-Thu 3:35-6:45-9:20
The Social Network (PG) Stadium Seating Fri-Sat 12:50-3:30-6:20-9:11:30 Stadium Seating Sun 12:50-3:30-6:20-9 Stadium Seating Mon-Tue 3:30-6:20-9 Stadium Seating Wed 3:30-6:20-9:45 Stadium Seating Thu 3:30-6:20-9
The Town (STC) Stadium Seating Fri-Sun 1:05-3:45-6:30-9:10 Stadium Seating Mon-Tue 3:45-6:30-9:10 Stadium Seating Wed-Thu 3:45


▶ Life as We Know It opened last week.

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New Homes & Renovations
Nova Scotia's Magazine & Online Information Source for Home Building, Renovating and Decorating
www.newhomesandrenovations.com

Tremors (STC) Dolby Stereo, Stadium Seating Fri-Sat 11:45

LOWER SACKVILLE

LOWER SACKVILLE
760 Sackville Dr., Downsview Plaza
902-869-2022

Jackass 3D (14) Stadium Seating Fri 7:15-9:30 Stadium Seating Sat-Sun 2:10-4:30-7:15-9:30 Stadium Seating Mon-Thu 7:15-9:30
Life as We Know It (PG) Stadium Seating Fri 7-9:25 Stadium Seating Sat-Sun 1:45-4:15-7-9:25 Stadium Seating Mon-Thu 7-9:25
Red (PG) Stadium Seating Fri 6:50-9:15 Stadium Seating Sat-Sun 2-4:25-6:50-9:15 Stadium Seating Mon-Thu 6:50-9:15
Secretariat (G) Stadium Seating Fri 6:45-9:20 Stadium Seating Sat-Sun 1:35-4:10-6:45-9:20 Stadium Seating Mon-Thu 6:45-9:20
The Social Network (PG) Stadium Seating, Digital Fri 6:30-9:10 Stadium Seating, Digital Sat-Sun 1:30-4-6:30-9:10 Stadium Seating, Digital Mon-Thu 6:30-9:10
The Town (STC) Stadium Seating Fri 6:40-9:15 Stadium Seating Sat-Sun 1:30-4:05-6:40-9:15 Stadium Seating Mon-Thu 6:40-9:15
You Again (STC) Stadium Seating Fri 7:10-9:25 Stadium Seating Sat-Sun 1:50-4:20-7:10-9:25 Stadium Seating Mon-Thu 7:10-9:25

DARTMOUTH

DARTMOUTH CROSSING
145 Shubie Dr., Dartmouth Crossing
902-481-3251

Case 39 (18) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:55-4:35-7:05-9:40 Dolby Stereo Digital, Stadium Seating Mon 7:05-9:40 Dolby Stereo Digital, Stadium Seating Tue-Thu 1:55-4:35-7:05-9:40
Easy A (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 9:40
I Am Love (STC) Dolby Stereo Digital, Stadium Seating, Sub-Titled Fri-Thu 1:10-3:50-6:35-9:20
Jackass 3D (14) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 1:25-2-3:55-4:30-6:30-7:15-8:55-10
Legend of the Guardians: The Owls of Ga'Hoole 3D (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:30-3:50-6:20-9
Life as We Know It (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Sun 1:15-4-6:40-9:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:15-4-6:40-9:35
My Soul to Take 3D (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:35-4:05-6:50-9:20
Red (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:45-4:20-6:55-9:50
Secretariat (G) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Sun 1:20-4:15-7-9:45 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:20-4:15-7-9:45
The Social Network (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:30-4:10-6:45-9:30
The Town (STC) Dolby Stereo Digital, Stadium Seating Fri-Mon 1:05-3:45-6:25-9:15 Dolby Stereo Digital, Stadium Seating Tue 6:25-9:15 Dolby Stereo Digital, Stadium Seating Wed-Thu 1:05-3:45-6:25-9:15
You Again (STC) Dolby Stereo Digital, Stadium Seating Fri-Mon 1:50-4:25-7:10 Dolby Stereo Digital, Stadium Seating Tue 1:25-3:50-7:10 Dolby Stereo Digital, Stadium Seating Wed-Thu 1:50-4:25-7:10

TRURO

TRURO
20 Treaty Trail, Millbrook
902-895-8020

Jackass 3 (14) Dolby Stereo Digital, Stadium Seating Fri 7:05-9:35 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:30-7:05-9:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 7:05-9:35
Life as We Know It (PG) Stadium Seating, Dolby Stereo Digital Fri 6:50-9:20 Stadium Seating, Dolby Stereo Digital Sat-Sun 3:05-6:50-9:20 Stadium Seating, Dolby Stereo Digital Mon-Thu 6:50-9:20
My Soul to Take (STC) Dolby Stereo Digital, Stadium Seating Fri 7:10-9:25 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:10-7:10-9:25 Dolby Stereo Digital, Stadium Seating Mon-Thu 7:10-9:25
Red (PG) Stadium Seating, Dolby Stereo Digital Fri 6:40-9:15 Stadium Seating, Dolby Stereo Digital Sat-Sun 3:25-6:40-9:15 Stadium Seating, Dolby Stereo Digital Mon-Thu 6:40-9:15
Secretariat (G) Dolby Stereo Digital, Stadium Seating Fri 7-9:30 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:15-7-9:30 Dolby Stereo Digital, Stadium Seating Mon-Thu 7-9:30
The Social Network (PG) Dolby Stereo Digital, Stadium Seating Fri 6:35-9:05 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:20-6:35-9:05 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:35-9:05
The Town (STC) Dolby Stereo Digital, Stadium Seating Fri 6:30-9:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 3-6:30-9:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:30-9:10

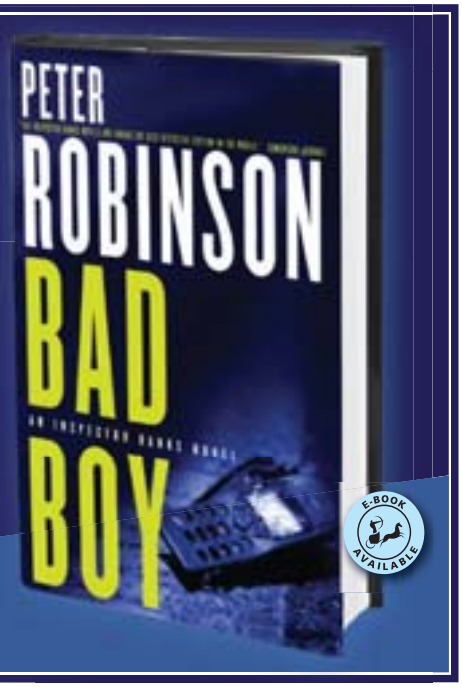
BRIDGEWATER

BRIDGEWATER
349 Lahave St., 902-527-4020

Jackass 3 (14) No Passes Fri 7:15-9:30 No Passes Sat 3:20-7:15-9:30 No Passes Sun 3:20-6:30-8:45 No Passes Mon-Thu 6:30-8:45
Life as We Know It (PG) No Passes Fri 6:30-9:05 No Passes Sat 2:45-6:30-9:05 No Passes Sun 2:45-5:45-8:20 Mon-Thu 5:45-8:20
My Soul to Take (STC) Fri 7:05-9:30 Sat 2:55-7:05-9:30 Sun 2:55-6:20-8:45 Mon-Thu 6:20-8:45
Red (PG) Fri 6:45-9:20 Sat 3:15-6:45-9:20 Sun 3:15-6-8:35 Mon-Thu 6-8:35
Secretariat (G) No Passes Fri 7-9:40 No Passes Sat 3-7-9:40 No Passes Sun 3-6:30-9:15 Mon-Thu 6:30-9:15
The Social Network (PG) Fri 6:50-9:25 Sat 3:10-6:50-9:25 Sun 3:10-6:05-8:40 Mon-Thu 6:05-8:40
The Town (STC) Fri 6:35-9:10 Sat 2:50-6:35-9:10 Sun 2:50-5:50-8:25 Mon-Thu 5:50-8:25

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Banks is on holiday, headed for Fisherman's Wharf in San Francisco. His daughter, Tracy, home in Leeds and angry with her father, is headed for some very deep trouble.
Robinson's nineteenth Inspector Banks novel is a stunner.



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7th heaven

JUSTIN BIEBER

BOOKS
Stamped with a "100 per cent official" logo, Justin Bieber First Step 2 Forever: My Story hit bookstores last Tuesday. Heavy on photographs — 240 to be exact — the hardcover book let's fans in on Bieber's childhood; from a Stratford, Ont., street busker to an international teen singing sensation. In the book, the Biebs also talks about his love of pranks.



Metro pick

HUMPHREY BOGART

CULTURE
Warner Home Video has released the ultimate DVD collection for any fans of screen legend Humphrey Bogart. The set, called The Essential Collection, features 24 of Bogie's best films on 12 discs, including Key Largo, Casablanca and High Sierra. The set also contains postcard-sized movie posters of the films, and a number of special features.

Here's looking at you, kid. METRO



Mix of Six

1) Romeo and Juliet
When: Through Sunday
Where: Neptune Theatre
This popular play by William Shakespeare is again brought to life as Neptune kicks off its 2010-11 season with what is sure to be a hit with theatre fans. The play is over two hours and very entertaining. Tickets are available at neptunetheatre.com with adult tickets starting at $27.

2) Nocture: Art at Night
When: Saturday, 6 p.m. to midnight
Where: Various sites in Halifax and Dartmouth
There are 46 galleries and venues for people to check out special presentations and 48 special projects. Nocturne is based on Nuit Blanche events in Paris, Montreal and Toronto. For complete details visit artgalleryofnovascotia.ca and click on Nocturne.

3) Monty Python's Spamalot
When: Saturday, 2 and 8 p.m., Sunday, 2 p.m.
Where:
Halifax Metro Centre
The Tony-winning best musical of 2005 is "lovingly ripped off" from 1975's Monty Python classic the Holy Grail. There are also spoofs from other musicals like Fiddler on the Roof and Phantom of the Opera. Tickets range in price from $59.50 to $75.50 and are available through Ticket Atlantic.

4) Michelle Wright
When: Saturday, 8 p.m.
Where: The Schooner Room, Casino Nova Scotia
One of Canada's top country singers will perform many of her hits, including Take It Like A Man, Nobody's Girl and Guitar Talk. Tickets are $36.50 each and are available through Ticket Atlantic.

5) Fathers & Sons
When:
Friday through Oct. 24
Where:
Neptune Studio Theatre
This new play described as both funny and touching is set into four parts like a piece of classical music and the play tells the story of a family through the years. Visit neptunetheatre.ca for show times and ticket information.

6) Classic Albums Live — Michael Jackson's Thriller
When: Sunday, 8 p.m.
Where: The Schooner Room, Casino Nova Scotia
If you love Michael Jackson, this is a show that can't be missed. The show recreates Jackson's Thriller live "note for note, cut for cut" by studio musicians and vocalists. Tickets are $31 and are available through Ticket Atlantic.

VAMPIRE DIARIES

MUSIC
Fans of The Vampire Diaries can now listen to hit songs from the show whenever they want. A soundtrack to the TV series has been released, featuring a biting mix of exclusive tracks unavailable elsewhere — including songs by Smashing Pumpkins and Gorillaz — plus favourites from season one.

GREAT PUMPKIN

DVD
Nothing says Halloween more than the perennial broadcast of It's The Great Pumpkin, Charlie Brown. Now you can stay up all-night with Linus as he waits for the Great Pumpkin's arrival anytime you want. A new DVD/Blu-ray combo pack of the cartoon has been released with some extra content; a second story featuring the Peanuts gang.



STEVE MARTIN

TV
CBC Television's Just for Laughs will feature the legendary Steve Martin on Monday night. Martin — who will be joined by Steve Patterson, Orny Adams and Mik Birbiglia — will showcase some new material written for Just for Laughs, along with his musical talents. The show airs at 9 p.m.

PARANORMAL ACTIVITY 2

MOVIES
Paranormal Activity was a huge hit this past year, and the people behind it are ready to strike again with the sequel. Opening next weekend, Paranormal Activity 2 will feature the sister from the first film moving into the anything-but-normal house.

SWATCH

STYLE
Iconic Swiss watch company Swatch has released a new series of 10 trendy — yet understated — models. The New Gent Collection comes in a great selection of colours, including Olive, Purple, Petrol and Brown, and comes with a large face design for easy time telling. More at swatch.com.





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Christmas Discounters Opens for the Season!

Christmas shopping is getting merrier in Halifax with the arrival of two new stores dedicated to offering brand-name goods at discount prices of 30-70% off the suggested retail price.

Christmas Discounters is a seasonal store stocking decorations, candy, toys, linens, housewares, clothes and a wide range of other potential presents. Greg Butler, the Charlottetown man who founded the company, says two locations opened in HRM this month; one at the Bedford Place Mall and one at the Downsview Mall in Lower Sackville.

Those two branches join ten existing Christmas Discounters in New Brunswick, Prince Edward Island and Truro, Nova Scotia. Butler will directly operate the Bedford shop while a franchise owner will run the Sackville store.

Butler says the stores open in September and operate until the end of December, when they vanish like Santa Claus until the next year.

"The focus is Christmas gift-giving, not just Christmas merchandise," he says. It's a bit like raiding Santa's workshop to get a bunch of gifts in one trip. Butler says the stores do especially well with customers who have a long gift-buying list – whether you need something for Dad, Mum, aunt, uncle, school teacher, colleague, or a friend. You will find something for everyone.

Butler's background in the discount-retail industry for over 20 years ensures the prices are low. He spends the off seasons traveling across Canada, the U.S. and the Far East seeking end-of-line items, items in last year's packaging, cancelled orders, bankruptcies and other situations where new items become available for lower prices. His network of suppliers keeps him in the loop as to where the best deals are.

He points to Eureka vacuums as an example: a product with a suggested retail value at other stores of $189.99 that is offered at Christmas Discounters for $99.

"It's the type of store that is changing on a weekly basis. There is stock arriving two to four times a week," he says. "We focus on brand names and first-quality goods. We don't do refurbished; it's all brand new."

So drop into Christmas Discounters this Friday, Saturday and Sunday for their Grand Opening and pick up some great buys especially for the holiday season.



From treats to clothing, the latest games and pet supplies, Christmas Discounters has everyone on your list covered!

Gifts For Less!
Sale Dates: October 15-21
Store hours: Mon-Sat: 9-9 Sun: 10-6
Christmas Discounters
GRAND OPENING SALE
• Downsview Mall • Lower Sackville • • Bedford Place Mall •

DOOR CRASHERS
Friday, Oct 15 ONLY
Bellismo 7 pc Comforter Set
$29.88 SAVE 70%
Saturday, Oct 16 ONLY
Micro Velour Mink Throw, 50" x 60"
$6.88 SAVE 65%
Sunday, Oct 17 ONLY
Bellismo Luxury Fleece Sheet Sets
$19.88 SAVE UP TO 71%

BLOW OUT DEALS
T-Shirts SAVE UP TO 63% 2 for $5
Kodiak 12 pk Men's Athletic Performance Socks SAVE 33% $9.88
Snuggle Blanket Gift Box SAVE 66% 3 for $20
Corelle Pro 16 pc Spring Linen Dinnerware Set SAVE 70% $29.44
Mega BD Magnetic Dry Erase & Cork Board SAVE 67% $12.88
Halloween Costumes Asst Styles & Sizes Take another 25% off our already low prices

SPECIAL PURCHASES
SOMETHING FOR EVERYBODY!
All items are on a 1st come-1st served basis. No rainchecks

Kings Outdoor World Men's Camouflage Hunting Jacket Your Price $30 Save 70%
Vanessa's Winter Collection Puffy Vest Your Price $20 Save 60%
American Exchange Ladies Winter Dress Coat Your Price $25 Save 72%
Sunbeam 24 pk AA Super Alkaline Batteries Your Price $7.88 Save 47%
Hartz Dentist's Best 4 pk Bones with Dentashield Your Price $4.88 Save 60%
Milk-Bone Mini Knotted Bones Your Price $1.99 Save 71%
Secret Stick Deodorant Your Price 2 for $3.00
Arm & Hammer Spinbrush With Free Whitening Toothpaste Your Price $4.88 Save 36%
Conair Pedestal Mirror Your Price $29.95 Save 57%
2 pc Bath Mat Set Your Price $7.88 Save 60%
Towels: Black or White Your Price $1.99 Save 75%
Little Gems Toddler Bedding Set Your Price $20 Save 71%
Hush Puppies 8 pk Ladies Anklet Socks Your Price $4.88 Save 50%
Advance Wear 2pk Men's Boxer Briefs Your Price $5.75 Save 61%
CorningWare Creations 5 pc Oven Bakeware Set Your Price $34.88 Save 56%
Lady Suzane Fleece Blanket Your Price $3.25 Save 75% They won't last!
FYI Portable Docking Station for iPod Your Price $28.88 Save 58%
Eureka Bagless Cyclonic Vacuum Your Price $99.99 Save 47%
Touchless Soap & Liquid Dispenser Your Price $14.88 Save 57%
Tempered Glass Lazy Susan Your Price $3.88 Save 60%
Canson 12" x 12" Scrapbook Album Your Price $5.88 Save 70%
Martha Stewart Heirloom Ribbon Your Price $1.98 Save 78%

New Items Arriving Everyday. Brand name toys, giftware, "As seen on TV", linens, clothing, frames, housewares, and much more! If you can give it as a gift, we probably have it!

Does (Bleep) stink

Ratings imply trouble for Twitter-to-TV sitcom ◗ Creator Halpern remains confident that viral transition will keep its audience

Justin Halpern knows that not everyone is supportive of a guy fortunate enough to turn a Twitter feed into a bestselling book and a prime-time network sitcom.

His good luck instantly breeds hostility, he says, "and it's kind of a justified feeling because it's just a Twitter page."

Hits on the Web haven't typically transferred well to TV (see quarterlife), but Halpern might be an exception.

His Twitter feed, S— My Dad Says, amassed a huge following (now more than 1.7 million followers) simply by quotes he relayed from his 74-year-old father, Sam Halpern, a classic curmudgeon with a penchant for expletives.

"On the internet, when you present something that's really genuine and real, it always has a better shot than when you present something premeditated and scripted. On television ... it's a different kind of audience"
JUSTIN HALPERN

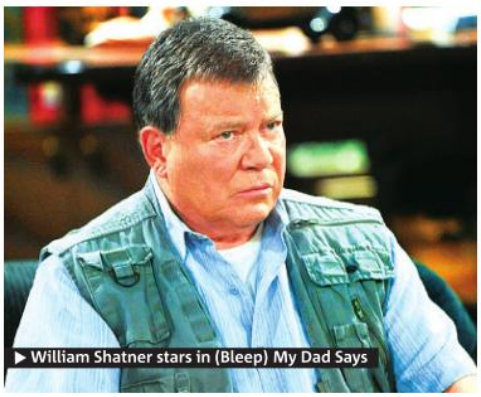
His similarly titled book debuted on The New York Times list of bestsellers. Then, the CBS sitcom starring William Shatner as Halpern's father premiered to 12.5 million viewers, more than twice that of 30 Rock.

Ratings for (Bleep) My Dad Says (the Twitter feed's title was changed for the CBS show) have since declined each week and reviews have been bad. But the show hopes it has cast off its novelty label and become one of the few Internet-to-TV success stories.

It hasn't been a smooth ride. The pilot, produced by Warner Bros., had to be reshot, and the part of the son was recast with Jonathan Sadowski.

The changes may have improved things, but critics were still unimpressed. The New York Times, for one, called it "a bad idea from the moment it was announced" and "a wholly generic sitcom so divorced from its source material that you have to pinch yourself."

The show is oddly old-school in its reliance on sitcom tradition. But to a certain extent, the Twitter feed that started it all was classically sitcomish: There's no more familiar TV trope than the crabby father.


▶ William Shatner stars in (Bleep) My Dad Says

One of the ingredients that set Halpern's Twitter feed apart was its vulgarity. His father's musings and advice are harsh. One of few examples without an offensive word: "Pressure? Get married when you want. Your wedding's just one more day in my life I can't wear sweat pants."

Halpern ended up living with his parents in San Diego after he got a job with Maxim.com and his girlfriend unexpectedly dumped him. In the book, he fleshes out the details of his life and his relationship with his dad, whom he describes as "the least passive-aggressive human being on the planet." SUBMITTED

He started the Twitter account as a lark at the suggestion of a friend.

"I had no idea what to expect," he says. "It was just funny to tell my friends, 'Look at all these people that follow what my dad says.'"

Executive producers David Kohan and Max Mutchnick, creators of Will & Grace, were brought in to run the show. Halpern is a co-executive producer and writer.
THE ASSOCIATED PRESS

Abdul's dance crew announced

CBS has announced the host and judges for Paula Abdul's new talent competition series, Live to Dance.

The network said Wednesday that choreographer Travis Payne, who worked on Michael Jackson's This Is It, and former Pussycat Dolls singer-dancer Kimberly Wyatt will join Abdul as the show's trio of experts.

The host of Live to Dance will be Andrew Gunsberg. He previously served as co-host of Australian Idol and host of the syndicated countdown show, Take 40 Australia.

Live to Dance will premiere on CBS this coming January. THE ASSOCIATED PRESS

Celebs croon in costume

A Funny Or Die viral video is getting a chance for a television crossover.

The comedy website said yesterday that a pilot for Undercover Karaoke has been ordered by TBS. Funny Or Die will produce the potential series, and co-founders Will Ferrell and Adam McKay will contribute to it.

The show will be based on a video in which the singer-songwriter Jewel donned a disguise (including a prosthetic nose) and sang under an alias at a karaoke joint.

She astonished the crowd, and later revealed her identity.
ASSOCIATED PRESS

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Dating gets animated

The Dating Guy's lead lady-searcher chats about pick-up lines, date prep and the perfect woman

SUBMITTED



▶ Character Mark Dexler, left, reaches for romance in Teletoon's The Dating Guy

The Dating Guy, Teletoon's new series about dating, sex and friendship is about to shake-up Sunday nights. The animated series follows the adventures of four friends — Mark, Woody, Sam and VJ — on their weekly search for love.

Metro recently caught up with Mark Dexler, a character on the show voiced by Canadian actor Fabrizio Filippo, to find out how this man's hunt for "the one" is going.

You are searching for "the one." What qualities are you looking for in a woman?

The perfect woman to me is someone who is intelligent and independent and passionate about making the world a better place. But has to have really nice boobs.

What are some of your best pick up lines?

Imagine we're in a dance club I approach a lady...
Me: You wanna dance?!
Her: Not with you!
Me: I'm sorry, you misunderstood me! I said you look fat in those pants!

You're a pretty metrosexual guy. What are your grooming and wardrobe advice to other guys?

Don't forget to wash behind your ears. A lot of guys forget that.

Why do you think you've been unlucky in love so far?

See question number one.

Tell me about some of your most memorable dates.

I can't remember any of the memorable ones.

METRO

Along with some very talented Canadian voice actors, The Dating Guy will feature guests such as Russell Peters and Howie Mandel.

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THE JETSONS' JEALOUSY

Sound Check



I
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The first time anyone offered drivers a chance to customize their musical experience beyond the radio was Chrysler. In the 1950s, they, for a brief time, offered an under-dash turntable. It didn't go over so well with the motoring public.

Since then, the standard AM radio grew to include FM, 8-tracks, cassettes, CDs and six- and 10-pack changers and satellite radio with many featuring displays that looked like they were designed by a Las Vegas casino. Mono became stereo. Four speakers became six, then eight, then 12 then … well, you know.

But all this is nothing compared to the revolution in automobile entertainment systems that's just starting to hit.

Consider this: Up to 25 per cent of smart phone/MP3 users already connect their devices to their car speakers. Given how awkward this process can be (FM transmitters, ugly cable connections), this is astounding. One in four!

When it comes to factory equipment, Ford has the early lead with their excellent powered-by-Microsoft Sync system. Want to know how Ford has managed to move so many vehicles in the last couple of quarters? Look no further than the audio systems they're offering in selected models.

"It will be ridiculously easy to stream, say, Internet radio, from your smart phone through your Ford, complete with all sort of nifty hands-free voice commands."

They've also just announced their AppLink system which will allow smart phone developers to seamlessly link their apps with Sync.

It will be ridiculously easy to stream, say, Internet radio, from your smart phone through your Ford, complete with all sort of nifty hands-free voice commands.

Ford says they've had more than a thousand proposals so far.

Selected Audi vehicles offer always-on Internet through a 3G connection. That means you can be rolling down any road at any speed and be continuously connected to the Internet.

What's more is that the Audi system creates a local Wi-Fi network within the car so that the kids can surf the web from their smart phones, iPads or laptops in the back seat.

GM, Volkswagen, Kia and a growing number of manufacturers are working on similar systems. Pandora has a deal with GM to get their streaming service into your next Chevy Malibu (but not in Canada, don't get me started on why not). Meanwhile, after market manufactures like Audiovox are touting car radio units that will stream tens of thousands of Internet radio stations.

This ain't your grandfather's AM radio. And it's way better than playing records in the car.







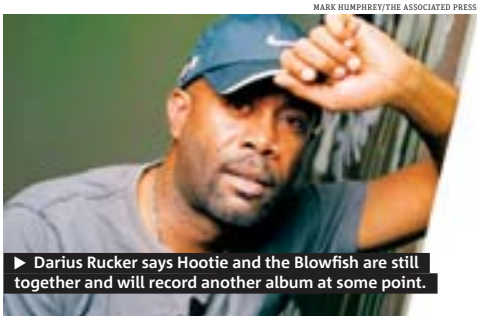




From the shower to the studio

Darius Rucker's second solo album debuted this week

MARK HUMPHREY/THE ASSOCIATED PRESS



▶ Darius Rucker says Hootie and the Blowfish are still together and will record another album at some point.

Darius Rucker has spent the last few years reinventing himself as a country star. He's had a platinum debut, No. 1 hits and his follow-up, Charleston, SC 1966, debuted this week.

Meanwhile, Hootie & the Blowfish celebrates its 25th anniversary this year.

Rucker said the band never really broke up — though they haven't recorded together since releasing Looking For Lucky in 2005.

"We could get together right now and have an album for you in three months," Rucker said.

Rucker's second act as a country music star is no surprise to Hootie guitarist Mark Bryan. He's been listening to his friend belt out country tunes since they met in 1985 when Bryan heard Rucker singing in the shower of their University of South Carolina dorm hall.

"The very first show Darius and I did together at Pappy's with an acoustic guitar, we did Family Tradition by Hank Williams Jr., which he's still doing in his solo country set," Bryan said.

After a few months, Rucker and Bryan decided to go for it and enlisted bassist Dean Felber and a drummer. Felber, who had played in a band with Bryan during high school, didn't really want to join but he said he'd fill in till they could find a permanent bassist.

"And it's amazing 25 years after asking Dean to play with us, we're still looking for a bass player and we're still in a band. That's pretty awesome," Rucker said.

THE ASSOCIATED PRESS



Suicidal man gets rhymes from rapper

- Man agreed not to jump in exchange for a few minutes with the T.I.
- T.I. faces alleged drug offences after 1 year in prison on weapon charges

Police got unexpected help talking a suicidal man down from an Atlanta skyscraper on Wednesday when rapper T.I. showed up.

Officer James Polite says the hip-hop star joined the crowd outside the 22-story office building in midtown Wednesday and told officers he wanted to help.

Police said the man agreed to come down in exchange for a few minutes face-to-face with T.I., whose real name is Clifford Harris.

"I told him it ain't that bad. It'll get better, to put the time and effort into making it better," T.I. said in a phone interview with The Associated Press.

"I just reminded him know that I know. It looks bad right now, but it can turn around."

T.I. said he heard about the situation on the radio and drove to the building to help. He recorded a video of himself on a cellphone and rescue workers took it to the man to prove the rapper was really there.

The Atlanta native said the man seemed to be "beat up by life."

The suicidal man, whose name wasn't released, was taken to a hospital.

The good deed follows recent legal trouble for the rapper, who is due in court Friday for a parole hearing after being arrested on suspicion of drug offences last month in Los Angeles.

He's on supervised release after spending a year in prison on federal weapons charges.

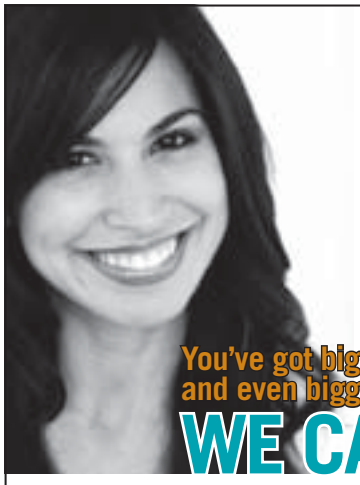
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GETTY IMAGES



▶ T.I.





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EOE

relationship management



Lindsay finds comfort in ... Tom Arnold?

Lindsay Lohan has reportedly been seeing at least one friendly face while in rehab, as Tom Arnold is also receiving treatment at the Betty Ford Center, according to E! News. "Tom Arnold has been really nice to Lindsay. "He's been trying to make friends with her," a source says. Of course, their interaction has been limited, given the circumstances. "Men and women are segregated," the source explains, "and don't interact beyond any group sessions." METRO





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'It ain't about selling pictures'

Russell Brand insists he and Katy Perry's upcoming wedding won't be extravagant, despite reports to the contrary. "We just love each other and we want to get married in front of our friends and family and keep it very normal," he tells the New York Times. "It ain't about selling the pictures, it ain't about doing no prenup. It's just a normal thing." METRO

Celebrity tweets



Katy Perry **[@katyperry]** Shooting the cover to a very CHIC magazine. Today I have to act like a grown up, dang it...



Russell Crowe **[@russellcrowe]** @AnneRiceAuthor Hello Anne, I know this is a bit forward, but if you are ever planning to write a movie script, please keep me in mind.



Bret Easton Ellis **[@BretEastonEllis]** Italy. Hotel in Turin. Watching the Chilean miners being saved and just realized: I've been on this tour longer than they've been trapped...



Conan O'Brien **[@Conan OBrien]** Tried changing my Facebook status to "craving gumbo" but Facebook automatically changed it to "BOYCOTT THE FACEBOOK MOVIE. IT'S ALL LIES!"

Ferrell needs freedom

Colin Farrell has reportedly decided to end his relationship with Polish actress Alicja Bachleda-Curus, despite having a child together last year, because he "didn't want to be tied down to anyone," according to Star magazine. "He cares for Alicja and the baby but he wants to be a free spirit." METRO



Usher wants women

With his divorce from Tameka Foster finalized, Usher says he doesn't see another wedding in his future. "It didn't work out for me the first time, I'm in no rush to do it again," he tells Playboy magazine. "Maybe I can find a couple of women who are open-minded. Look at how Hugh Hefner does it, with a harem of women." METRO



Kanye goes naked

Naked pics of Kanye West are reportedly being shopped around, according to Radar Online, and they may have originated with West. One of the photos shows him exposing himself through his underwear. "These pics have been floating around since he hit so many girls up on MySpace," a source says. METRO



Weekend ideas

HANDOUT PHOTOS





▶ If you're having some guests over try this Baked Mushroom Topped Brie. And if you're staying in, try this Mushroom, Chicken and Leek Pot Pie.

Have fun with fungi

Prepare and chill the mushroom and brie topping to have on hand for spur of the moment entertaining. Baking and serving on oven-proof platter keeps the cheese warm while eating. For a full — and fast — meal, check out our mushroom pot pie recipe as well:

Baked Mushroom Topped Brie

Ingredients:

Baked Mushroom Topped Brie

- ½ lb (250 g) fresh sliced mushrooms (white or crimini)
- ½ cup (125 ml) coarsely chopped onions
- ¼ cup (50 ml) finely chopped walnuts
- 1 large clove garlic, sliced
- ½ tsp (2 ml) each dried thyme, rosemary and pepper
- 1 tbsp (15 ml) olive oil
- 1 tbsp (15 ml) balsamic vinegar
- 1 (200g) wheel cold Brie cheese
- 2 tbsp (25 ml) finely minced fresh parsley or chives (optional)

Mushroom, Chicken and Leek Pot Pie

- 1 lb (500 g) boneless, skinless chicken breasts
- 2 tbsp (25 ml) vegetable oil, divided
- 2 large leeks, white part only, sliced
- 1 lb (500g) sliced fresh mushrooms
- 1 tbsp (15 ml) dried tarragon
- 2 tbsp (25 ml) all purpose flour
- 3/4 cup (175 ml) chicken stock
- ½ tsp (2 ml) salt
- ¼ tsp (1 ml) pepper
- 1 9"/22cm deep dish frozen pie shell, thawed

Preparation:

1. Finely chop mushrooms, onions, walnuts and garlic, thyme, rosemary and pepper in food processor.
2. Heat oil in large skillet over medium heat; cook and stir mushroom mixture for 5-7 minutes or until all liquid has evaporated. Stir in vinegar and cook 1-2 minutes. Remove from heat and cool to room temperature; cover and chill.
3. At serving time slice the wheel of Brie in half horizontally and place cut side up on oven-proof serving plate or baking pan. Spoon the topping evenly on cut surfaces of Brie. Bake in 350F/180C oven for about 8-10 minutes or until cheese is beginning to melt. Sprinkle parsley or chives on top to garnish if desired. Serve with thinly sliced whole wheat baguette or plain crackers. Makes 12.

Mushroom, Chicken and Leek Pot Pie

Preparation:

1. Cut chicken into ¾-inch (2 cm) cubes. In large non-stick saucepan or deep skillet, heat 1 tbsp (15 ml) of the oil over medium-high heat. Cook chicken until lightly browned but still pink inside, about 3-4 minutes. Spoon into 6 cup (1.5 l) baking dish or deep pie plate.
2. Reduce heat to medium and add remaining oil to same pan. Sauté leeks, mushroom and tarragon for 2-3 minutes; cover and cook about 3 minutes or until vegetables are softened. Sprinkle in flour and stir to blend. Gradually stir in chicken stock, salt and pepper. Bring to boil and stir until thickened. Spoon mixture over chicken. Invert thawed pie shell over casserole pressing pastry edge to baking dish and crimp or flute the edges. Cut 3-4 slits in pastry. Bake in 425°F (220°C) oven for 20 to 25 minutes. Makes 4.

NEWS CANADA

3 life

Super Food

Did you know that blueberries deliver a potent antioxidant punch? Research states that a one-cup serving of wild blueberries has more total antioxidant capacity (TAC) than a serving of most other fruits.

NEWS CANADA



Food labels on front of packages should focus on calories, fat, sodium: ReportScan code for news



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HANDOUT



▶ Your kids will love these tasty catfish cakes.

The kids will go crazy for these cakes

Catfish Cakes
Preparation:

1. In a shallow saucepan, bring 750 ml (3 cups) of water to a boil. Reduce to simmer and add catfish fillets. Simmer for about 10 minutes or until fish flakes when tested with a fork. Remove fillets from water, drain well and let cool.
2. Flake fish into a large bowl. Add onion, celery, red pepper, parsley and tarragon. In a small bowl, whisk together mayonnaise, egg and mustard. Stir into fish mixture until combined. Add 175 ml (3/4 cup) of the cracker crumbs to mixture and stir until well combined.
3. Place remaining cracker crumbs into a shallow dish. Using about 75 ml (1/3 cup) of the mixture, shape into desired shapes and coat both sides with remaining cracker crumbs. Repeat with all the mixture to form 12 patties.
4. In a large non-stick skillet, heat about 30 ml (2 tbsp) of the oil over medium-high heat and pan-fry catfish cakes in batches for about 8 minutes, turning once, until golden. Serve with tartar sauce, if using. Makes 4.

THE ASSOCIATED PRESS

Ingredients :

- 500 g (1 lb) catfish fillets
- 125 ml (½ cup) each finely diced onion and celery
- 75 ml (⅓ cup) finely diced sweet red pepper
- 45 ml (3 tbsp) chopped fresh parsley
- 5 ml (1 tsp) chopped fresh tarragon or 2 ml (½ tsp) dried
- 125 ml (½ cup) light mayonnaise
- 1 egg, lightly beaten
- 15 ml (1 tbsp) Dijon mustard
- 500 ml (2 cups) crushed cracker crumbs
- 50 ml (¼ cup) canola oil
- Tartar sauce (optional)

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Title defence begins now

New AUS hockey season kicks off Friday with Saint Mary's visiting Dalhousie at 7 p.m. No shortage of contenders in a very strong league

RYAN TAPLIN/METRO HALIFAX



Saint Mary's Huskies players celebrate a goal against Acadia in this file photo from last season.

The Saint Mary's Huskies will raise their University Cup championship banner at their home opener Saturday night at the Halifax Forum.

For this year's squad, the 7 p.m. game against the St. Francis Xavier X-Men will be a symbol of both pride and pressure.

Last spring, the Huskies made a surprising run through the Atlantic University Sport conference playoffs and rode the momentum all the way to a national title. But defending the title will be a much tougher task for a team that has lost much of its scoring punch and leadership.

Former captain Marc Rancourt and linemate Cody Thornton were among the Huskies whose CIS careers ended with the overtime goal that gave Saint Mary's a 3-2 victory over the Alberta Golden Bears for the school's first national championship.

Huskies coach Trevor Stienburg says the two will be impossible to replace.

Rancourt is the second-leading scorer in Saint Mary's history and Thornton was one of the top CIS snipers in his three-year stint with the Huskies.

"That's the elephant with the lampshade on its head right there," Stienburg said of the turnover in personnel. "We won some games last year, with Thornton and Rancourt particularly, where we may not have deserved the win but they just found a way to get those goals."

Stienburg is looking to returning players such as Colby Pridham, Andrew Hotham, Cam Fergus and Mike Danton to up their game.

THE CANADIAN PRESS

Tough competition

- Many AUS teams taking aim at the Huskies will be better this season.
- Stienburg singles out Acadia and St. Francis Xavier as vastly improved teams, while the University of P.E.I. and the University of New Brunswick — which went 27-1 in the 2009-10 regular season and laid a 10-3 beating on Saint Mary's in exhibition play — remain dangerous.

DARRELL OAKE/FOR METRO HALIFAX



Huskies QB Micah Brown

Huskies looking to get back to .500 mark

The Saint Mary's Huskies football team is looking to keep the good times rolling.

After coming out of the gates with three consecutive losses, Saint Mary's is hosting the St. Francis Xavier X-Men Friday at Huskies Stadium, and with a win can even its record at 3-3.

Game time is 7 p.m.

"The biggest thing that has happened is sometimes you need a little adversity," Huskies coach Steve Sumarah said of his club's seeming turnaround. "I didn't think we played with the same intensity that we're playing with now."

Saint Mary's is facing an X-Men squad it blew away in Antigonish last weekend. The Huskies won 43-16, with quarterback Micah Brown throwing for 164 yards and running for 24.

"We have to win this game," Sumarah said. "We need to get back to 3-3."

PHILIP CROUCHER

Elsewhere ...

- The weekend's other Atlantic matchup sees Mount Allison visit Acadia on Saturday at 2 p.m.

Mooseheads' Delmas goes pro



PHILIP CROUCHER
@METRONEWS.CA

Halifax Mooseheads overage netminder Peter Delmas is going professional.

The Bedford puckstopper has signed a contract with the American Hockey League's Hamilton Bulldogs, the farm team of the Montreal Canadiens.

No terms were disclosed.

Delmas, 20, attended both the Canadiens and Bulldogs camp as a tryout.

The second-round draft pick of the Colorado Avalanche in 2008 played in one pre-season game with Hamilton and made 23 saves in a 3-2 win against the Binghamton Senators.

The other two netminders on Hamilton's season-opening roster are Curtis Sanford and Robert Nayer.

The contract to Delmas clears up the overage situation with Halifax, which had four 20-year-olds on its roster, one more than is allowed to dress for league games.

Overagers

- Halifax's remaining three overagers are defenceman Pascal Amyot, and forwards Charles Bety and Gerrad Grant.

METRO FILE



Peter Delmas

4 sports

Sports in brief



1 QB Aaron Rodgers was cleared by doctors and returned to practice for Green Bay.

2 LeBron James is the only athlete named on Fortune's list of this year's "40 Under 40" stars in the business world.

3 Brett Favre returned to practice for the Minnesota Vikings after sitting out to rest his elbow.

THE ASSOCIATED PRESS

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India knocks Canada off the medal podium

Canada falls out of top three at Games for first time since 1962 Australia finishes in first place

For the first time in 48 years, Canada failed to crack the top three at the Commonwealth Games, muscled off the podium by a mighty host Indian team the Canadians didn't see coming.

Riding the swell of a country's pride, India used homefield advantage that could have been Canada's to roar to an impressive 101 medals, including 38 gold.

"We did not anticipate our counterparts in India to do as well as they did," said Scott Stevenson, Commonwealth Games Canada's director of sport.

"We knew they would do better than they did in Melbourne (India won 50 medals four years ago) but we didn't anticipate them virtually doubling their medal count," Stevenson added.

"Our hats go off to them."

The New Delhi Games wrapped up Thursday, bringing an end to a problem-plagued project that began in 2003 when the Indian capital beat out Hamilton for the right to host the event.

Australia won the most medals with 177, including 74 gold, while India finished second in the official standings, which are calculated by gold medals.

England finished with 142 total medals, but was third based on its 37 golds.

Canada's team of 251 athletes finished fourth, winning 75 overall and 26 gold.

The overall medal total, which also included 17 silver and 32 bronze, was a slip from the 86 captured four years ago in Melbourne.

Canadian officials set a target of 75 to 80 medals, believing that was good enough for top three in the overall medal count.

They obviously underestimated India, the biggest team here at 407 strong.

With less than two years until the London Olympics, it's difficult to use these Games to gauge how Canada measures up on the pitch and in the pool. Few athletes peaked for the event because it's so late in the season, and the team was missing several big names.

Hurdlers Priscilla Lopes-Schliep and Perdita Felicien, and cyclists Ryder Hesjedal and Michael Barry took a pass on the Games, while Canada's top gymnasts all skipped New Delhi to focus on the world championships later this month.

THE CANADIAN PRESS

Flag-bearer

- Cyclist Tara Whitten was Canada's flag-bearer at Thursday's closing ceremonies of the Commonwealth Games.
- Whitten won four medals during the Games.
- The 30-year-old from Edmonton took the gold in the individual time trial. She also won three bronze medals in track cycling.

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Lee could be the difference

Texas starter may be just what the Rangers need to finally overcome Yankees in the playoffs Philadelphia's H20 trio makes it a favourite

Who's up for watching the Philadelphia Phillies take on former ace Cliff Lee in the World Series?

That's one of many intriguing possibilities with the baseball playoffs now down to four teams, and the one this observer feels is most likely to happen.

Thanks to Lee, who dominated Tuesday's decisive Game 5 against the Tampa Bay Rays, the Texas Rangers won their first ever playoff series and advanced to the American League Championship Series versus the New York Yankees, rekindling a one-sided rivalry from a decade ago.

Having lost division series to New York in 1996, '98 and '99, the difference this time may very well be Lee, who won both games for the Phillies last year when they fell in six games to the Yankees in the World Series.

The Phillies traded Lee last December in order to get Roy Halladay, the longtime Toronto Blue Jays ace who threw a no-hitter in his playoff debut.

Feeling they were thin on pitching, the Phillies also picked up Roy Oswalt from the Houston Astros during the summer to dramatically boost their rotation that also includes 2008 World Series MVP Cole Hamels.

CHRIS O'MEARA/THE ASSOCIATED PRESS



▶ Talk about intriguing storylines. If the Rangers and Phillies were to meet in the World Series, Texas starter Cliff Lee would pitch against his former team.

H2O, as the trio has been dubbed, will be front and centre in the National League Championship Series against the young guns of the San Francisco Giants. Tim Lincecum, Matt Cain, Jonathan Sanchez and Madison Bumgarner starred against the Atlanta Braves, but the Phillies lineup will pose a much sterner test.

THE CANADIAN PRESS

NLCS

First game:
Saturday, 8:57 p.m.

Lowdown:
The Philadelphia lineup boasts the likes of Ryan Howard, Chase Utley, Jayson Werth, Jimmy Rollins and Shane Victorino, and should grind down the San Francisco four far more than the depleted Braves. At the same time, San Francisco's offence is less productive than that of the Reds. Buster Posey, Cody Ross, Pat Burrell and Aubrey Huff had a tough time versus Atlanta, and it's only going to get harder for them.

Pick: Phillies in six

ALCS

First game:
Friday, 9:07 p.m.

Lowdown:
The Yankees rotation is still far from stable behind CC Sabathia, as they can't be sure what they'll get from Andy Pettitte (coming off groin injury), Phil Hughes (workload concerns) and A.J. Burnett (inconsistent) on any given night. The Rangers feel a bit safer on that front with C.J. Wilson, Colby Lewis and Tommy Hunter, which means their lineup may not need to do the same heavy lifting New York's does.

Pick: Rangers in seven

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1 Rihanna - Only Girl (In The World)
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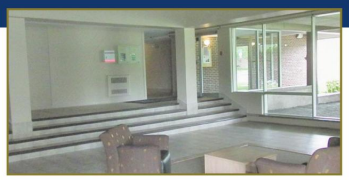
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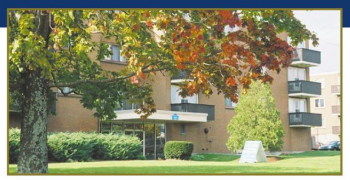
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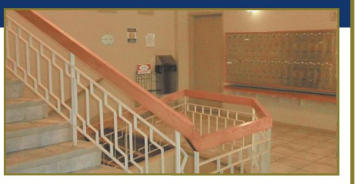
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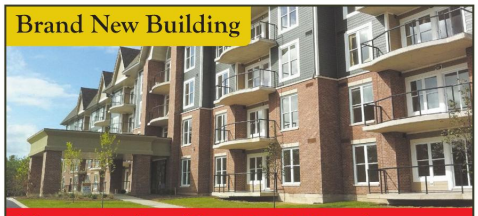
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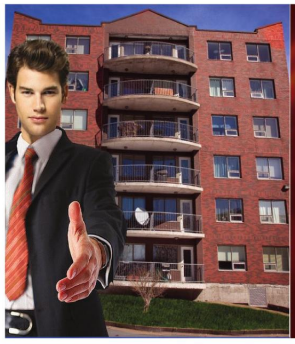
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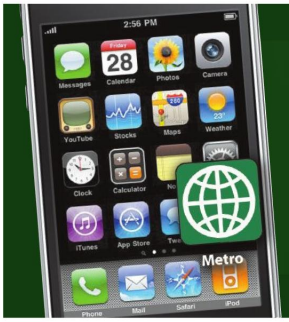

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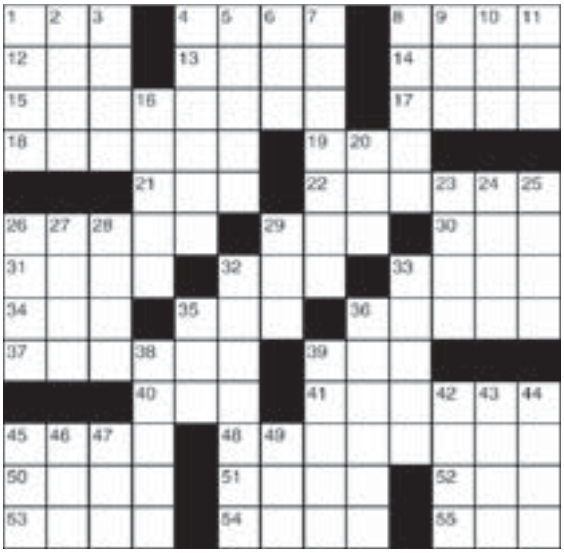
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Crossword



Across

1 Allow
4 Cattle-drive item
8 Wharf
12 UN workers' agcy.
13 Hayseed
14 Incite
15 Airship
17 Part of the loop
18 Fly
19 Hostel
21 Neither mate
22 High point
26 Bowling Hall-of-Famer Pete
29 Dawn droplets
30 Witness
31 Jack and Jill's course
32 Stocking woe
33 Lost intentionally
34 401(k) alternative
35 X rating?
36 Consecrate
37 Serengeti equines
39 Architect I.M.
40 Midafternoon, maybe
41 Yule quaff
45 Suspended
48 Now-or-never time
50 Sandwich treat
51 Ms. Brockovich
52 — Lanka
53 Kin of 8-Across
54 Cowgirl Evans
55 Kreskin's claim

Down

1 Joel's "Cabaret" co-star
2 Ht.
3 Pith helmet
4 Old Roman magistrate
5 Monarch
6 Sapporo sash
7 Dweller
8 "Zorba the Greek" star
9 Ode inspirer
10 In olden days
11 Longing
16 Do the den walls
20 Fresh
23 Gilligan's home
24 Golf bag gadgets
25 Chops
26 Expert
27 Green acres?
28 Spill the beans
29 Press for payment
32 Fixed a ring, perhaps
33 "Bounty" captain
35 Skater Babilonia
36 "Scat!"
38 Severity
39 Danger
42 Durante trademark
43 Cather's "One of —"
44 Clench
45 Short trip
46 Spoon-bender Geller
47 Born
49 Historic time

▶ Yesterday's answer



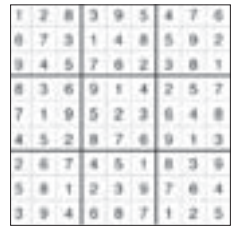
Sudoku

			5	1		2	9	4
				8			7	3
		7				5		
8			4				6	
		9				7		
	3				1			8
		3				1		
9	2			6				
5	8	6		2	3			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



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To my love adriaanne, your the best and ill love you always!
JRND

Joey, You make me so happy and I'd be lost without you. Love you with all my heart
H BEAR

Just the two of us, building castles in the sky.
ALEKS

Dear Angel, Please don't be mad. I'm really sorry! I miss you so much and can't wait to talk to you. Love you infinitely!!;)
YOUR PUMKIN.

Lance, you are my great love, my Knight. You were totally worth the agony I endured while I waited for you to come into my life. I look forward to growing old with you, I love you SO much, forever and always.
SEDUSA :) XXOO



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
Being the go-getting Aries you are you may be tempted to make a hurried decision, but deep down you know it needs to be dealt with slowly and deliberately.

♉ Taurus April 21-May 21 You have been working extremely hard these past few weeks and have reached the point where if you push yourself much further it could damage your health.

♊ Gemini May 22-June 21 You are in the mood to take a few risks and, yes, they may well pay off. Risk is one thing, foolhardiness quite another.

♋ Cancer June 22-July 22
Someone is making unfair demands of you and seems to believe that you will do as they say because you are timid and scared of creating a scene.

♌ Leo July 23-Aug.23 You cannot expect other people to be reasonable today but you must be reasonable yourself.

♍ Virgo Aug. 24- Sept. 22 Go on the attack today. Let the world know that you will never allow yourself to be pushed around. With Mercury, your ruler, linked to ego planet Mars you'll find just the right words to make your point forcefully.

♎ Libra Sept. 23-Oct. 23 Both in your personal life and professionally you want only the best and will do whatever it takes to get it. That's great, but make sure the goals you are aiming for are your goals, not goals you have inherited from other people.

♏ Scorpio Oct. 24-Nov. 22 . The simple fact is you can't do it all, so identify your number one goal and go after it with everything you've got.

♐ Sagittarius Nov. 23-Dec. 21 Try not to let slip information that rivals, competitors and enemies (yes, you have a few) can use against you.

♑ Capricorn Dec. 22-Jan. 20 It may be hard to walk away from a situation where you feel hard done by today but that is exactly what you must do. Leave it behind.

♒ Aquarius Jan. 21-Feb. 18
Take care not to overreact to what someone says about you today. You won't make things better by sparking off a war of words. Pretend it means nothing to you. Your indifference will hurt them more than your anger.

♓ Pisces Feb. 19-March 20 It may annoy you that someone just doesn't get what you are trying to tell them but what can you do? The simple fact is they lack your sensitivity, and that's a reason to pity them rather than to condemn them.
SALLY BROMPTON

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RYAN REMIORZ/THE ASSOCIATED PRESS



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